

## MICHAEL F. REDDEN, CLASS OF 1985



Michael was described by one K-O coach as the best athlete he ever coached. He had great instincts, never stopped moving and was a fierce competitor.

In basketball, Michael made 17 free throws in a row to defeat Suffield Academy in a KIT final. He also won the A.V.A. Marsden Trophy for highest free throw shooting percentage, and he was named MVP of the KIT during his senior year.

In addition to basketball, Michael played football and baseball, and he served as captain of those teams. Joel Lorden said that Michael was instrumental in the football team's success even as a freshman. Even though he didn't play lacrosse in high school, Michael was such a good athlete that he went on to play lacrosse at Tufts University.