

Camp KO Lunch Menu

2023

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June 19-23	BLT sandwich Green salad Mac and cheese	Ham and cheese sandwich Caesar salad Chicken fingers and fries	Roast beef sandwich FxF pasta salad BBQ pulled pork with corn bread	Chicken salad sandwich Potato salad Pasta bake	Turkey and cheese sandwich Fruit salad Hot dogs and baked beans	
July 10-14	Ham and cheese sandwich Green salad Crispy chicken sandwich, honey mustard and cheese	BLT sandwich Fxf Pasta salad Corn dogs	Turkey and cheese sandwich Caesar salad Grilled chicken tacos	Chicken salad sandwich Fruit salad Sloppy joes with tater tots	Roast beef sandwich Green salad Pasta and meatballs	
July 17-21	Turkey and cheese sandwich Caesar salad Chicken and broccoli alfredo	Ham and cheese sandwich Fxf Pasta salad Cheeseburgers and tater tots	BLT sandwich Potato salad Jerk chicken with rice and beans	Roast beef sandwich Green salad Grilled BBQ chicken with corn bread	Chicken salad sandwich Fruit salad Cheese raviolis	

<p>July 24-28</p>	<p>BLT sandwich Green salad Mac and cheese</p>	<p>Ham and cheese sandwich Caesar salad Chicken fingers and fries</p>	<p>Roast beef sandwich FxF pasta salad BBQ pulled pork with corn bread</p>	<p>Chicken salad sandwich Potato salad Pasta bake</p>	<p>Turkey and cheese sandwich Fruit salad Hot dogs and baked beans</p>	
<p>July 31 - August 4</p>	<p>Ham and cheese sandwich Green salad Crispy chicken sandwich, honey mustard and cheese</p>	<p>BLT sandwich Fxf Pasta salad Corn dogs</p>	<p>Turkey and cheese sandwich Caesar salad Grilled chicken tacos</p>	<p>Chicken salad sandwich Fruit salad Sloppy joes with tater tots</p>	<p>Roast beef sandwich Green salad Pasta and meatballs</p>	
<p>August 7-11</p>	<p>Turkey and cheese sandwich Caesar salad Chicken and broccoli alfredo</p>	<p>Ham and cheese sandwich Fxf Pasta salad Cheeseburgers and tater tots</p>	<p>BLT sandwich Potato salad Jerk chicken with rice and beans</p>	<p>Roast beef sandwich Green salad Grilled BBQ chicken with corn bread</p>	<p>Chicken salad sandwich Fruit salad Cheese raviolis</p>	